

Understand your OTC medicine labels

Drug Facts help you understand how to choose and use your medicines safely

Drug Facts

Active ingredient

Ingredient that makes the medicine work

Uses

Symptoms the medicine treats

Warnings

Side effects, when to ask a healthcare professional before taking the medicine, which other medicines not to take at the same time, and when to stop use

Directions

The amount (dose) of medicine to take, how often to take it, and how much you can safely take in one day

Other information

Important things to know, such as how to store the medicine

Inactive ingredients

Flavoring, preservatives, or other ingredients not meant to treat symptoms

Questions or comments?

A phone number to call the company if you have questions about the medicine



Keep your cartons

Why?

- The **Drug Facts** label on over-the-counter (OTC) medicine cartons, or the pull-out label on some bottles, contains **complete warnings and product information**

Read and follow the entire Drug Facts label

Why?

- The Drug Facts label contains **more than directions**. It includes other important information that could matter to your health

What else you can do

- If provided, use only the dosing device that comes with your medicine
- Take **ONLY 1** medicine that contains the **same kind of active ingredient** at a time

Why?

- If you take more than 1 medicine with the same kind of active ingredient, it can increase your chance of harmful side effects



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